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"Good communication is as stimulating as black coffee, and just as hard to sleep after."

~Anne Morrow Lindbergh

#### **Enunciation**

Be sure to speak clearly and look up the pronunciation of unfamiliar words.

#### **Tone**

Your tone should reflect your material (e.g. happy, sad, funny, serious).

#### Pace

Be sure your pace is neither too slow nor too fast.
Anticipate audience response (e.g. laughter, applause, apprehension).

#### **Pitch**

Vary your pitch with attention to stressing important words or phrases.

#### **Projection**

Be sure the person at the back can hear you as well as the person in the front row.

#### **Volume**

Vary your volume for emphasis.

#### Word Choice

Avoid using "filler" words such as *like*, *umm*, *you know*, *you guys*, and *uh*. Avoid using slang or off-color expressions.

## Enthusiasm and Personality

Let your knowledge and enjoyment of the topic shine through.



# Public Speaking Guide 2011-2012, posted by V. Farmer, R. Kahler **BODY LANGUAGE**

"The body is an instrument, the mind its function the witness and reward of its operation." ~George Santayana

	<ul> <li>Be familiar enough with your text to make eye contact.</li> <li>Move your eyes appropriately around the room.</li> </ul>
Eye Contact	<ul> <li>Focus on several points around the room.</li> <li>Find several friends in the audience, imagining that you are talking to them.</li> </ul>
Posture and Movement	<ul> <li>Stand up straight and look confident but not stiff.</li> <li>Do not distract the audience by pacing or</li> </ul>
Movement	swaying.
	Keep hand gestures and facial expressions appropriate to your message.
Mannerisms	• Eliminate distracting mannerisms like chewing gum, playing with your hair, tapping your fingers or feet, or leaning heavily on the podium.
	Formal presentations require conservative attire such as professional dress or uniform.
Dress	Dramatic presentations may include an appropriate costume.
	Hair should not fall in your face during the presentation.

See Appendix II for more information

#### **PREPARATION**

"The will to win is important, but the will to prepare is vital." ~Joe Paterno

#### **Content**

- Know your purpose.
- Know your audience.
- Be sure to check your facts.
- Have more than a superficial knowledge of content.
- Give the audience something of value.

### **Organization**

Introduction	Body	Conclusion
GRAB THE AUDIENCE'S ATTENTION	<ul> <li>Develop no more than three points.</li> <li>Use logical order.</li> <li>Create smooth transitions.</li> <li>Do not digress.</li> <li>Anticipate time limits in writing your presentation.</li> </ul>	Be clear about what the audience should take away from your speech: the last thing you say may be what they remember.

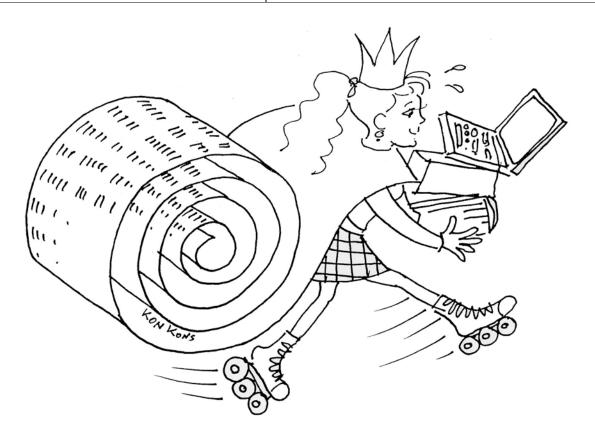
#### **Practice**

- Prepare in advance.
- Prepare your script in a large font and with markings (Appendix I).
- Have your speech timed.
- Practice where you will give the presentation with the equipment to be used. Be ready for questions.

# **PRESENTATION**

"Presentation is Everything"

Get your blood pumping	Go for a brisk walk before your presentation so you will feel awake.
Arrive early	Arrive at least 15 minutes before your presentation in order to set up any equipment or props for your presentation.
	Make sure the equipment is in your room and functioning correctly.
Check setup	Make sure you have all the components and have practiced if you plan on incorporating a demonstration.
Final run through	Calm yourself and trust that your audience wants you to succeed.



# Public Speaking Guide 2011-2012, posted by V. Farmer, R. Kahler **PowerPoint** GENERAL GUIDELINES

"PowerPoint is like having a loaded AK-47 on the table. You can do very bad things with it." ~Peter Norvig

#### Design

- ✓ Use colors sparingly; two to three at the most. Be consistent from slide to slide.
- ✓ Light backgrounds work. White can be too bright depending on competing light levels in the room. Light browns and blues work well. Lettering could be black, dark blue, dark purple or dark green.
- ✓ Dark backgrounds work, too. The most effective background colors are blue, turquoise, purple, magenta, teal, etc. Lettering could be white, yellow, cyan, pink and lighter versions of most other colors.
- ✓ Don't use red in any fonts or backgrounds.
- ✓ Graduated backgrounds are more interesting than plain ones.
- ✓ A note about photographs: when importing pictures, be sure they are no larger than 2 megabytes and are in a .jpg format. Larger files can slow down your show.
- ✓ Experiment with animating the transition between slides as well as animating the content with the slide.

#### Wording

- ✓ Abbreviate your message. Don't use complete sentences. Outline the thought to provide a memory trigger
- ✓ "7-7" rule. Create up to seven words across, seven lines down. The more you break this rule, the less the audience will see.
- ✓ Use only two font styles per page.
- ✓ Upper and lower case lettering is more readable than all capital letters.
- ✓ In bullet point lines, capitalize the first word and no other words unless they normally appear capped.

#### **General Hints**

- ✓ If using a laser pointer, don't move it too fast. For example, if circling a number on the slide, do it slowly.
- ✓ Don't point the laser at the audience.
- ✓ Look at the audience, not at the slides, whenever possible.
- ✓ Run "spell check" on your show when finished.
- ✓ Elaborate on the wording of your PowerPoint instead of simply reading your bulleted points.

#### TYPES OF PRESENTATIONS

### *Informative*

"Informative speeches generally concentrate on explaining--telling how something works, what something means, or how to do something. A speaker who gives an informative speech usually tries to give his or her audience information without taking sides." (Hybels & Weaver, Communicating Effectively, p. 293)

#### Persuasion

"It is impossible to escape persuasive speaking, and persuasion has consequences. Change can occur when persuasion takes place. Persuasion is the process that occurs when a communicator (sender) influences the values, beliefs, attitudes, or behaviors of another person (receiver). . . . To fully understand persuasion, we need to understand influence and motivation." (Hybels & Weaver, *Communicating Effectively*, p. 458)

#### Narrative

"This kind of speech tells a story, usually a story about your own life, although it could be the life of a famous person as well. The speech should be very casual and is more like reciting a short story than a list of facts. It doesn't necessarily have an introduction, body and conclusion, but it does have a beginning, to interest the audience, a middle, to tell the story, and an end that will make the audience remember the story later, fondly." (Louise Lemieux. 2001. UBC English Language Institute)

#### **GUIDELINES FOR SCHOOL ANNOUNCEMENTS**

- On the day prior to your announcement, have it approved by your faculty sponsor or a teacher. Your announcement should answer the following questions:
  - o Whom does it involve? To whom are you speaking?
  - o What is your announcement regarding?
  - o Where is the meeting or event taking place?
  - o When is the meeting or event taking place? Is there a deadline?
- If you are making an announcement for a sports team, make sure to answer the following questions.
  - o Whom do you represent? Whom did you play?
  - o What happened at the game? What were some highlights? What was the score?
  - o Where did you play?
  - o When and where is the next game?

#### Morning Announcements

- On the day of the announcement, sit at the front of the chapel.
- Make sure you are dressed appropriately in school uniform.
- Wait your turn and stand for your announcement.
- Follow the guidelines on page 3 to make sure your announcement is understood by those all the way in the back.

#### Lunch Announcements

- Make sure you are dressed appropriately in school uniform.
- When announcements begin, get in line immediately.
- Wait quietly in the line.
- When at the lectern, stand up straight.
- Don't touch the microphone. It works from a distance and will pick up your voice.
- Follow the guidelines on page 3 to make sure your announcement is understood by those in the back of the cafeteria.
- Do not ramble.

#### **APPENDIX I**

#### **PUBLIC SPEAKING GUIDELINES**

Appendix 1 is an example of a dramatic script that has been marked for performance. In drama, the performer focuses on creating a character, expressing emotion and interpreting the intentions of the author.

As a public speaker, you will not need to use such a broad range of emotion, but take a few lines of this example and practice your own dynamic range. Next, determine how you want to express yourself in this speech.

Ask yourself the following:

- Do I need to slow down?
- Do I need to stress important words?
- Do I need to change pace at the end of an important phrase?
- Do I need longer pauses between sentences?

\*\*Look up every word in the script and paraphrase it in your own words so you know what you're saying. Where should you add emphasis? What are you (or your character) trying to accomplish? What reaction do you want?

Review the list of markings in this appendix and select a few that will help you express yourself clearly.

#### Marking the Script

Motivation: Self-interest and

revenge. Marullus and Flavius were tribunes of the slain Marullus Pompey. They fear the loss of democracy in Rome. Wherefore rejoice?/What conquest brings he home?// Pointing to decorated statues PP "Why are you celebrating?" What tributaries follow him to Rome, "What is Caesar's conquest - victories over To grace in captive bonds his chariot wheels? Rome's enemies or over Pompey, Rome's friend?" You blocks, you stones, you worse than senseless things! // tributaries = captives O you hard hearts, you cruel men of Rome, Irony: Common people will react Knew you not Pompey?//Many a time and oft in a similar manner after Caesar's death. Have you climbed up to walls and battlements, + To towers and windows, yea, to chimney tops, chimney tops (Shakespeare's London, not Rome) Your infants in your arms, and there have sat The livelong day with patient expectation, pass the streets of Rome To see great Pompey from: Julius Caesar Symbol Key slight pause √ speed up reading 1-second pause VV✓ slow down reading 2-second pause rising inflection phrase falling inflection simple stress laugh line greater stress character line greatest stress plot line pitch level rising theme line PΡ pitch level falling paraphrase

Henry Schanker and Katherine Ommanney, The Stage and the School 7<sup>th</sup> ed., Glencoe, McGraw-Hill, 1997, p. 11.

## Verbal Effectiveness

Idea development, use of language, and the organization of ideas are effectively used to achieve a purpose.

Advanced (5)	Developing (3)	Emerging (1)
A. <b>Ideas</b> are clearly	A. The <b>main idea</b> is	A. <b>Idea</b> "seeds" have not
organized, developed,	evident, but the	yet germinated; ideas
and supported to	organizational	may not be focused or
achieve a purpose; the	structure may need to	developed; the main
purpose is clear.	be strengthened; ideas	purpose is not clear.
B. The <b>introduction</b> gets	may not always flow	B. The <b>introduction</b> is
the attention of the	smoothly.	undeveloped or
audience.	B. The <b>introduction</b> may	irrelevant.
C. <b>Main points</b> are clear	not be well-developed.	C. Main points are
and organized	C. <b>Main points</b> are not	difficult to identify
effectively.	always clear.	D. Inaccurate, generalized,
D. Supporting material	D. Supporting material	or inappropriate.
is original, logical, and	may lack in originality	E. Supporting material
relevant (facts,	or adequate	may be used.
examples, etc.).	development.	F. <b>Transitions</b> may be
E. Smooth <b>transitions</b> are	E. <b>Transitions</b> may be	needed.
used.	awkward.	G. The <b>conclusion</b> is
F. The <b>conclusion</b> is	F. The <b>conclusion</b> may	abrupt or limited.
satisfying.	need additional	H. <b>Language</b> choices may
G. <b>Language</b> choices are	development.	be limited, peppered
vivid and precise.	G. <b>Language</b> is	with slang or jargon,
H. <b>Material</b> is developed	appropriate, but word	too complex, or too
for an oral rather than a	choices are not	dull.
written presentation.	particularly vivid or	
	precise.	

## Nonverbal Effectiveness

The nonverbal message supports and is consistent with the verbal message.

Advanced (5)	Development (3)	Emerging (1)
A. The <b>delivery</b> is	A. The <b>delivery</b> generally	A. The <b>delivery</b> detracts
natural, confident, and	seems effective –	from the message; eye
enhances the message	however, effective use	contact may be very
<ul> <li>posture, eye contact,</li> </ul>	of volume, eye contact,	limited; the presenter
smooth gestures, facial	vocal control, etc. may	may tend to look at the
expressions, volume,	not be consistent; some	floor, mumble, speak
pace, etc. indicate	hesitancy may be	inaudibly, fidget, or
confidence, a	observed.	read most or all of the
commitment to the	B. Vocal tone, facial	speech; gestures and
topic, and a	expressions, clothing	movements may be
willingness to	and other nonverbal	jerky or excessive.
communicate.	expressions do not	B. The delivery may
B. The vocal tone,	detract significantly	appear inconsistent
delivery style, and	from the message.	with the message.
clothing are consistent	C. <b>Filler words</b> are not	C. <b>Filler words</b> ( <i>ums</i> ) are
with the message	distracting.	used excessively.
C. Limited <b>filler words</b>	D. Generally,	D. Articulation and
(ums) are used.	articulation and	<b>pronunciation</b> tend to
D. Clear articulation and	<b>pronunciation</b> are	be sloppy.
<b>pronunciation</b> are	clear.	
used.	E. Over dependence on	
	notes may be	
	observed.	

## Appropriateness

Idea development, use of language, and the organization of ideas for a specific audience, setting, and occasion are appropriate. Communication is respectful.

Advanced (5)	Developing (3)	Emerging (1)
A. <b>Language</b> is familiar to	A. <b>Language</b> used is not	A. <b>Language</b> is
the audience,	disrespectful or	questionable or
appropriate for the	offensive.	inappropriate for a
setting, and free of bias;	B. <b>Topic selection</b> and	particular audience,
the presenter may	examples are not	occasion, or setting.
"code-switch" (use a	inappropriate for the	Some biased or unclear
different language	audience, occasion, or	language may be used.
form) when appropriate	setting; some effort to	B. <b>Topic selection</b> does
B. <b>Topic selection</b> and	make the material	not relate to audience
examples are	relevant to audience	needs and interests.
interesting and relevant	interests, the occasion,	C. The <b>delivery style</b> may
for the audience and	or setting is evident.	not match the particular
occasion	C. The <b>delivery style</b> , tone	audience or occasion –
C. <b>Delivery style</b> and	of voice, and clothing	the presenter's tone of
clothing choices	choices do not seem	voice or other
suggest an awareness of	out-of-place or	mannerisms may create
expectations and	disrespectful o the	alienation from the
norms.	audience.	audience; clothing
		choices may also
		convey disrespect for
		the audience.

## Responsiveness

Communication may be modified based on verbal and nonverbal feedback. Speakers/listeners demonstrate active listening behaviors

Advanced (5)	Developing (3)	Emerging (1)
A. The presenter uses	A. The presenter is able to	A. The presenter is not
materials to keep the	keep the audience	able to keep the
audience engaged.	engaged most of the	audience engaged.
B. Material is modified or	time.	B. The verbal or
clarified as needed	B. When <b>feedback</b>	nonverbal <b>feedback</b>
given audience verbal	indicates a need for idea	from the audience may
and nonverbal	clarification, the	suggest a lack of
feedback.	speaker makes an	interest or confusion.
C. Reinforcing verbal	attempt to clarify or	C. <b>Responses</b> to audience
listening <b>responses</b>	restate ideas.	questions may be
such as paraphrasing or	C. <b>Responses</b> to audience	undeveloped or
restating are used if	questions are generally	unclear.
needed when answering	relevant but little	D. The <b>nonverbal</b> aspects
questions are focused	elaboration may be	of delivery do not
and relevant.	offered.	indicate an awareness
D. <b>Nonverbal</b> behaviors	D. Generally, the speaker	of audience reactions;
are used to keep the	demonstrates audience	reinforcing nonverbal
audience engaged such	awareness through such	listening responses
as maintaining eye	<b>nonverbal</b> behaviors as	such as using eye
contact, modifying	tone, movement, and	contact, facing the
delivery style if needed,	eye contact with the	person, etc. are not
and using reinforcing	whole audience; some	used when answering
nonverbal listening	reinforcing nonverbal	questions.
responses (nodding,	listening responses are	E. Poise or <b>composure</b> is
leaning forward, etc.)	periodically used when	lost during any
when answering	answering questions.	distractions.
questions.		

# **APPENDIX III**

# Rubric for Public Speaking

	Content	High	Average			Low
1	States the purpose	5	4	3	2	1
2	Organizes the content	5	4	3	2	1
3	Supports ideas	5	4	3	2	1
4	Incorporates stories and examples	5	4	3	2	1
5	Summarizes the main idea(s)	5	4	3	2	1

	Delivery	High		Average		Low
1	Demonstrates awareness of listener's needs	5	4	3	2	1
2	Speaks clearly with appropriate vocabulary and information	5	4	3	2	1
3	Uses tone, speed, and volume as tools	5	4	3	2	1
4	Demonstrates complexity of vocabulary and thought	5	4	3	2	1
5	Appears comfortable with audience	5	4	3	2	1

Average Score \_\_\_\_\_

# 4-H Rubric for Public Speaking

Speaker's Name:			
Age by Sept. 30 <sup>th</sup> of current year:			
Date: Speech Title:			
Canaral Amaganas of Specker (10 pts massible)	5 pts	4 pts	3 pts
General Appearance of Speaker (10 pts possible)			
Neatly dressed, well groomed (no costumes)			
Calm, confident, at ease, good posture			
Speech Selection (5 pts possible)			
Age-appropriate topic; one theme that shows unity and coherence			
	1		
Voice-Projection, Fluency & Control (25 pts possible)			
Pitch, volume, speed, tone, rhythm			
Clear pronunciation			
Audible at all times, distinct, natural voice			
Enthusiastic, personality shows through			
Speaker captures and retains audience attention			
Speech (25 pts possible)			
Well organized, logical order			
Intro, body, conclusion			
Up to date, accurate, relevant info			
Speaker sticks to subject			
Adheres to time limits			
***			
Use of Language (10 pts possible)	T	1	
Appropriate word choice, clear, correct phrasing			
Correct Grammar used			
No long pauses, no "extra" words (um, uh, you know)			
Engage (10 at a possible)			
Expression (10 pts possible)		1	
Good eye contact			
Appropriate gestures – body language			
Response to Questions (10 pts possible)			
Adequate, complete answers			
Timely, spontaneous response			
Timely, openium out responde			
Total Points			
	I	<u> </u>	<u> </u>
Constructive Comments:			

# Rubric for Independent Study Presentations & Senior Speeches

Presenter:	Date:		
Evaluator:	Total Score:		

Score	4	3	2	1
Effective Introduction and Conclusion  Score Organized Presentation of Material	Clear, quick, catchy sketch of ISP activities Excellent wrap up. Some discussion on what you might change to make the experience better Logical progression of information	<ul> <li>Explain general activities of ISP</li> <li>General conclusion</li> <li>Mention of things that would be better</li> <li>Good order, but skipped around a bit</li> </ul>	Some information about ISP     Little separation between body of talk and conclusion     No discussion of what you would change     Skipped from topic to topic	<ul> <li>No discussion of whole ISP at start</li> <li>Abruptly ends the presentation with no conclusion</li> <li>General lack of organization</li> </ul>
Score Public Speaking Skills, General Mannerisms, Language Usage Score	Good eye contact, posture, confident composure before audience, handles papers well. Excellent use of vocabulary, clear diction, no use of common language: like, you know, and um	Some eye contact     Composed     Some rustling of papers/ materials     Confident voice     Good vocabulary and diction     Some faltering in speech     Some usage of common language	Little eye contact     Paper/materials     rustling     Lack of composure     Uneven movements     Good vocabulary     Inconsistent in     diction/audibility     General use of     common language	Read presentation for the most part     Very uneasy composure     Lots of paper/material rustling     Hard to hear or mumbling     Slang usage     Silly or inappropriate audience interaction
Presentation of Content  Score	<ul> <li>Full with details</li> <li>Illustrations</li> <li>Examples</li> <li>Reasons</li> <li>And/or events</li> </ul>	<ul> <li>Purposeful with key details</li> <li>Examples</li> <li>Illustrations</li> <li>Reasons etc.</li> <li>Occasional thinness of elaboration allowed</li> </ul>	<ul> <li>Little or no elaboration</li> <li>Few brief details</li> <li>Chunks of irrelevant material</li> </ul>	<ul><li>Sparse</li><li>No purposeful elaboration</li></ul>
Discussion of Activities and Opportunities  Score	<ul><li>Concise discussion of activity</li><li>Details of what you did and value</li></ul>	Discussion of activity and some personal reaction	Discussion of activity without reference to personal value	Unclear discussion of ISP activity     No discussion of value
Accomplishments/ Goals Attained Score	Good discussion of outcome and overall long-term value	<ul> <li>Good discussion of accomplishments</li> <li>Some discussion of goals attained</li> </ul>	Brief discussion of accomplishments and some discussion of goals attained	Little discussion of accomplishments     No discussion of meeting goals
Use of Visual Aids Score	<ul> <li>Excellent use of visual aids</li> <li>Timing &amp; equipment appropriate for audience size</li> </ul>	<ul> <li>Good use of visual aids</li> <li>Use of equipment not well coordinated with presentation</li> </ul>	Visual aids used, but not effective for audience size or not in sync with presentation	No visual aids or aids used to the distraction of the presentation